



The Roundhouse: Headlines from Around the Do-jang.

In this issue of The Roundhouse, we would like to elaborate on a topic that was discussed previously under the tenet of Courtesy. The issue of **Respect** is one that is so important in all areas of life -- inside and outside the Do-jang -- that we cannot emphasize it enough. If you look at the first page of our Student Handbook, you will see that the third line of the Taekwon-Do Oath states: I shall respect others.

"When you are content to be simply yourself and don't compare or compete, everybody will respect you."

-- Lao-Tzu

General Choi Hon Hi, founder of Taekwon-Do, said, "The philosophy of Taekwon-Do is based on the ethical, moral and spiritual standards by which men can live together in harmony." That is why, when students are paired up for drills and sparring, our instructors refer to you as "training partners" or "sparring partners" -- never as opponents. This is an important distinction when it comes to respecting each other in the Do-jang. We are all in Taekwon-Do to help each other learn by working together, not against one another.

Speaking of training partners, we're always looking for new ones! We'd like to take this opportunity to officially announce a renewed "FINDER'S FEE" incentive for bringing in new students who sign up for Taekwon-Do. As you know, we are a non-profit school with unpaid, volunteer instructors, so our intention for increasing enrollment is strictly to cover the expenses of running and maintaining the Do-jang.

Respect should be shown to everyone in class, regardless of age or rank. And, of course, respect translates to your relationships outside the Do-jang, as well. You should show the same respect you have for our instructors and students to your parents, teachers, friends and, yes, even your brothers and sisters!

"If you want to be respected by others, the great thing is to respect yourself."

-- Fyodor Dostoevsky

Self-respect is as important as respecting others. You show self-respect by the way you present yourself. Your uniform should always be neat and clean, so you can wear it with pride. We realize that it's challenging to maintain a properly fitting uniform when students are going through rapid growth spurts, but we strongly encourage you to keep uniforms hemmed so that students don't have to stop and roll up their pants during class. This can be disruptive, distracting, and potentially unsafe should a student trip over pants that are too long. When hemming pants, please remember: safety pins are not a substitute for needle and thread.

"Who are we, not to shine?"

-- Nelson Mandela

The philosophy of Taekwon-Do is based on the constant striving for excellence, with the ultimate goal of becoming an honorable person with perfect character and physical condition. Respecting others and yourself is one way to achieve this goal.